



Dear Educators and Other Professionals:

The Delaware County Suicide Prevention and Awareness Task Force is excited to announce the 3rd Annual “Make A Difference!” Art with a Message Contest. We are happy to report that last year we received over 75 submissions!

The Task Force’s purpose is to promote understanding that suicide is a *preventable* community health problem in our county. The goal of *this* contest is to encourage emotional well-being by promoting the concepts of communication, hope, community and friendship, in an effort to prevent suicide. All middle and high school students are invited to submit original art work.

We are distributing the contest information now to make it easier for you to fit it into your busy school schedules over the next few months. **The submission deadline is Friday, January 29, 2010**, and entries can be submitted at any time between now and the deadline. You will find an information sheet with guidelines enclosed with this letter. Please read and follow the guidelines carefully.

Please distribute the enclosed information packet to any staff who may be interested in having their students participate. We are hoping for 100% school participation. We look forward to receiving your school’s entries. For more information about suicide prevention information and upcoming events, please visit our website, www.delcosuicideprevention.org or refer to the enclosed brochure.

We believe this project will help to teach our youth that talking about feelings and reaching out for help when feeling down is important for every youth in Delaware County. Thank you for your time.

Best Regards,

The Delaware County Suicide Prevention and Awareness Task Force

POSTER GUIDELINES

- ❖ **NO NAMES DIRECTLY ON POSTERS.** All identifying information—name, address, phone, grade, teacher and school—**MUST** be printed on the ID label (enclosed) and taped to the back of the poster. Please use clear tape only; glue may seep through the posters. Copier-ready ID Label page is included with this packet.
- ❖ Posters must be drawn on **WHITE, 8.5" x 11" paper, landscape orientation** (11" side horizontal). Any other size artwork will be immediately disqualified.
- ❖ Posters must be drawn with markers or crayons **using only 2 different colors**. Be sure to press down hard so the colors stand out. NO painted or computer-generated posters will be accepted.
- ❖ Posters should reflect the students' original messages—ideas copied from published posters or past contests will be immediately disqualified.
- ❖ Posters should be creative and contain simple, clear messages.
- ❖ Violent scenes, brand names and copyrighted images (i.e. characters from cartoons or TV) will be disqualified.
- ❖ **Posters with misspellings will be immediately disqualified.** Please help your students spell their messages correctly.
- ❖ Only one (1) entry per student may be submitted.
- ❖ Please submit posters in an organized fashion and make sure they are clearly labeled.

DEADLINE: Friday, January 29, 2010 at 4:00 p.m.
Winners will be notified by Friday, February 26, 2010.

Posters may be submitted at any time from now until the deadline, and may be mailed or delivered to:

**DCSPATF
ATTN: POSTER CONTEST
Box 175
4 State Road
Media, PA 19063**

Please feel free to email info@delcosuicideprevention.org with any questions, or contact one of the following Task Force Members:

Nikole Heilmann: 484-461-9619, ext. 3013
Ellen Chung-Finnegan: 610-558-8100, ext. 118
Julie Brown: 215-504-3919
Joe Mack: 484-454-8802

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School _____
Phone # _____ Grade _____
Principal _____
Teacher _____

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